

## **MENTAL HEALTH RESOURCES and OTHER SUPPORT SERVICES**

### **Mental Health Resources**

Mental Health Resources NAMI – National Alliance on Mental Health - [www.namisouthshore.org](http://www.namisouthshore.org)

\*Support for those personally challenged or with family members struggling with mental illness\*

Massachusetts Association for Mental Health - [www.mamh.org](http://www.mamh.org)

National Mental Health Organization - [www.nmha.org](http://www.nmha.org)

National Suicide Prevention Hotline - 1-800-273-TALK

South Shore Coalition of Independent Therapists - [www.sscit.org](http://www.sscit.org)

Brockton Area Multiservices (BAMSI) - 1-508-580-8700

\*Crisis Center/Mobile Crisis Unit - 1-508-897-2000

Massachusetts 2-1-1 - [www.mass211.org](http://www.mass211.org)

\*Help and resources for families dealing with difficult situations, Dial: 2-1-1, Toll Free: 1-877-211-6277

### **Suicide**

Suicide and Crisis Hotline Text - 988

Healthy Place - [www.healthyplace.com](http://www.healthyplace.com)

Suicide Prevention Resource Center - [www.sprc.org](http://www.sprc.org)

Samariteens Helpline 1-800-252-TEEN - [www.samaritanshope.org](http://www.samaritanshope.org)

Samaritans - [www.samaritans.org](http://www.samaritans.org)

### **Substance Abuse**

Substance Abuse and Mental Health Services Administration - [www.samhsa.gov](http://www.samhsa.gov)

Substance Abuse Treatment - 1-800-662-HELP, [www.drughelp.org](http://www.drughelp.org)

### **Child Safety/Abuse/Neglect**

Child Safety/Abuse/Neglect Department of Children and Families Hotline (DCF) - 1-508-732-6200

To make a report or ask for voluntary services fax: 1-508-747-1239

Child Abuse Helpline 1-800-4-A-CHILD

### **Domestic Violence and Sexual Assault**

Massachusetts Statewide Domestic Violence Hotline - 1-877-785-2020

National Domestic Violence Helpline 1-800-799-SAFE

24-Hour Sexual Assault and Domestic Violence Hotline - 1-888-293-7273

## **Eating Disorders**

Eating Disorders Awareness and Prevention 1-800-931-2237

Information and Referral Line Cambridge Eating Disorders Center - 1-617-547-2255,  
[www.eatingdisordercenter.org](http://www.eatingdisordercenter.org)

Walden Behavioral Care - 1-781-647-6727, [www.waldenbehavioralcare.com](http://www.waldenbehavioralcare.com)

MEDA – Multi-service Eating Disorder Association - 1-617-558-1881, [www.medainc.org](http://www.medainc.org)

## **Gambling Disorders**

Gambling Gambler's Anonymous/Gamanon - 1-617-843-1388

## **Grief**

Grief Counseling and Hospice South Shore Hospital/Hospice of the South Shore - 1-781-843-0947, 1-800-423-9995

Nat'l Alliance for Grieving Children - [www.ChildrenGrieve.org](http://www.ChildrenGrieve.org)

Bereavement Support 1-781-794-7803

Griefnet [www.griefnet.org](http://www.griefnet.org)

The Samaritan Quincy SafePlace - [www.samaritanshope.org](http://www.samaritanshope.org), support group for those who have lost a loved one to suicide

The Children's Room: Center for Grieving Children and Teenagers - 1-781-641-4741, [www.childrensroom.org](http://www.childrensroom.org)

Joanna's Place – Good Grief/CIRCLE/TALKING POINTS - 1-781-413-5141

Hope Floats Healing and Wellness Center - 1-781-936-8068, [www.hopefloatswellness.org](http://www.hopefloatswellness.org)

Comfort Zone Camp: national nonprofit organization which provides fee bereavement camps for children 7-17  
- [www.comfortzonecamp.org](http://www.comfortzonecamp.org), 1-781-756-4840

## **Parenting**

Parental Stress Line - 1-800-632-8188

PIN – Parent Intervention Network (BAMSI) - [www.bamsi.org](http://www.bamsi.org)

Parent/Professional Advocacy League (PPAL) - [www.ppal.org](http://www.ppal.org)

## **Pregnancy and Wellness**

Planned Parenthood League of MA - 1-800-230-PLAN

Brockton Family Planning - 1-508-586-3800

AIDS Action Line - 1-800-235-2331

## **Self-Abuse**

S.A.F.E. Alternatives Program - 1-800-DONT-CUT, [www.selfinjury.com](http://www.selfinjury.com)

**For a list of local counseling referrals, please contact your school psychologist or guidance department.**

Please note that the following is a list of agencies/services in the area. This was created for information purposes only and should not be considered comprehensive. These agencies have not been specifically endorsed by the Abington Public Schools. Consumers are advised to research the credentials and references of each provider, as well as researching which providers accept specific insurance companies.